Thoughts on Learning Styles

After reading the article and watching the class video, I agree that learning styles affect the way that we learn. There are many different types of learning such as visual, auditory, and tactical. I personally benefit the most from a tactical learning style. I know this from when I began my job as a barista. Initially, my trainer verbally told me how to make beverages step by step and the variations between different orders. This was not an effective way for me to learn and I quickly forgot everything that my trainer had told me. After training, I was quickly thrown into actually working on the floor and was expected to make and know how to make the beverages. It was very difficult for me and I had to always ask my co-workers if I was making the beverage correctly. After a while, I asked if someone could help retrain me and watch as I made the beverages in hopes that they would tell me what I did wrong and how I could do better. Being able to perform the actions of making the beverage made me remember the beverage recipes correctly and how to best make the drink. Now, after practice and a refresh on my training, I can confidently make the beverages and serve customers with confidence.

This personal experience makes me think about my learning style when I am studying or working. I know that a tactical learning style is what is best for me and now use habits that relate to the tactical style to help me learn better.